
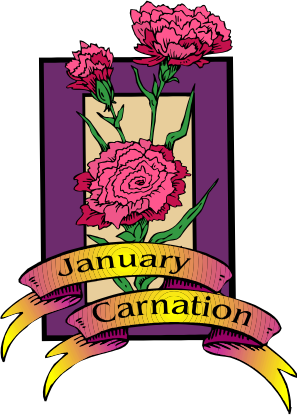
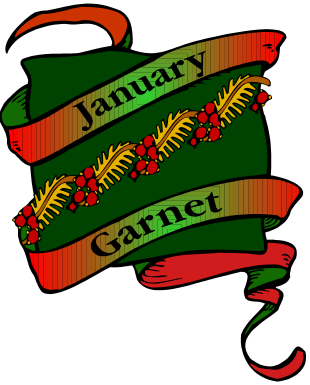










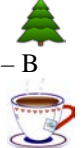
















January 2022

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website! </p> <p>January is:</p> <p>National Hot Tea Month National Hobby Month National Oatmeal Month National Soup Month Nat'l Letter Writing Month National Candy Month Eye Care Month Nat'l. Thank You Month Int'l. Creativity Month Apple and Apricots Month Walk Your Pet Month</p>						<p>10:00 Bingo - B 1:00 Movie Matinee - LR 2:00-4:00 Ice Cream Parlor</p>  <p>Happy New Year! 11:00 Outback Bowl Arkansas vs Penn State 12:00 Citrus Bowl Iowa vs. Kentucky 12:00 Fiesta Bowl Notre Dame vs. OSU 4:00 Rose Bowl Ohio State vs. Utah 7:45 Sugar Bowl Baylor v. Ole Miss</p>
<p>2</p> <p>10:00 Holy Communion in St. Anna's Chapel 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</p> <p>Happy Birthday <i>Doris Stanton</i></p>	<p>3</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit – GR 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 2:00 Stretch Class - GR 3:15 Bingo – S 6:00 Crossword Puzzle – GR</p>  <p>National Fruitcake Toss Day</p>	<p>4</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - B 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:45 Crossword Puzzle – LR</p> <p>8:00 Texas Bowl Kansas State vs. LSU</p>	<p>5</p> <p>9:00-11:00 Open Gym 1:00-4:30 Open Gym 1:00 Craft Club: Bird Feeders – CC 2:00 Stretch Class - GR 3:00 Happy Hour w/ Singer Justin Fuller - CR 6:00 Bingo – B</p>  <p>National Bird Day</p>	<p>6</p> <p>9:00-11:00 Open Gym 10:00 Singer Pat Hobbs - CR 1:00-3:00 Open Gym 1:15 Art Notes – GR 2:00 Ice Cream Parlor Open 3:00 Pool Time 3:15 Culinary: Shortbread - CC</p>  <p>Epiphany National Shortbread Day</p>	<p>7</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 1:00-4:30 Open Gym 2:30 Wellness Games & Activities – GR 2:30 Movie Matinee - LR 2:30 Art Expression w/ Jenny - S</p> <p>Happy Birthday <i>Doris Dodson</i> <i>Jo Hirlinger</i></p>	<p>8</p> <p>10:00 Bingo - B 1:00 Movie Matinee - LR 2:00-4:00 Ice Cream Parlor</p>
<p>9</p> <p>10:00 Holy Communion in St. Anna's Chapel 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</p>  <p>National Apricot Day</p>	<p>10</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit – GR 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 2:00 Stretch Class - GR 3:15 Common Room Tree Undecorating Party</p>  <p>6:00 Scattergories – GR 7:00 College Football Playoff National Championship Game (Teams TBD)</p>	<p>11</p> <p>9:00-11:00 Open Gym 9:30 Craft Club: Valentine Door Décor - B 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - B 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:30 Game Room Tree Undecorating Party</p>  <p>Happy Birthday <i>Barb Hornbuckle</i></p>	<p>12</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 1:00-4:30 Open Gym 1:00 Board Games – GR 2:00 Stretch Class - GR 3:30 Hille Tree Undecorating Party & Cocktail Hour</p>  <p>6:00 Bingo – B</p> <p>National Hot Tea Day</p>	<p>13</p> <p>9:00-11:00 Open Gym 10:00 Pianist Kelly Reynolds - CR 1:00-3:00 Open Gym 1:15 Art Notes – GR 2:00 Ice Cream Parlor Open 3:00 Pool Time 3:00 Culinary & Trivia on Bulgaria: Moussaka - CC  Today's location: Bulgaria</p>	<p>14</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 1:00-4:30 Open Gym 2:30 Wellness Games & Activities – GR 2:30 Movie Matinee - LR</p>	<p>15</p> <p>10:00 Bingo - B 1:00 Movie Matinee - LR 2:00-4:00 Ice Cream Parlor</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>10:00 Holy Communion in St. Anna's Chapel 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</p>  <p>World Snow Day</p>	<p>17</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 12:45 MLK Day Movie 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 2:00 Stretch Class - GR 3:15 Bingo - S 6:00 Scrabble - GR</p>  <p>Martin L. King, Jr. Day</p>  <p>Full Wolf Moon</p>	<p>18</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - B 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:45 Crossword Puzzle - LR</p>	<p>19</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 1:00-4:30 Open Gym 1:00 Culinary Club: Caramel Corn - CC 2:00 Stretch Class - GR 3:30 Happy Hour - B 6:00 Bingo - B</p>  <p>National Popcorn Day</p>	<p>20</p> <p>9:00-11:00 Open Gym 10:00 Resident Council - V 10:00 Board Games - GR 1:00-3:00 Open Gym 1:15 Art Notes - GR 2:30 Teaching Kitchen - CC 2:00 Ice Cream Parlor Open 3:00 Pool Time 3:15 Bingo - GR</p>	<p>21</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 1:00-4:30 Open Gym 1:00 Culinary Club: Apricot Orange Scones - CC 2:30 Wellness Games & Activities - GR 2:30 Art Expression w/ Jenny - S 3:30 Tea Time in the Bistro</p> 	<p>22</p> <p>10:00 Bingo - B 1:00 Movie Matinee - LR 2:00-4:00 Ice Cream Parlor</p>
<p>23</p> <p>10:00 Holy Communion in St. Anna's Chapel 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</p>	<p>24</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 1:00-4:30 Open Gym 1:00 Culinary: Peanut Butter Blossoms - CC 2:00 Stretch Class - GR 3:15 Bingo - S 6:00 Beginnings & Endings - GR</p>  <p>Global Belly Laugh Day National Peanut Butter Day</p>	<p>25</p> <p>9:00-11:00 Open Gym 10:00 Resident Council - S 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - B 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:45 Crossword Puzzle - LR</p> <p>Happy Birthday <i>Virginia Franklin</i></p>	<p>26</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 1:00-4:30 Open Gym 1:00 Board Games - GR 2:00 Stretch Class - GR 3:30 Monthly Birthday Party & Happy Hour - B 6:00 Bingo - B</p> 	<p>27</p> <p>9:00-11:00 Open Gym 10:30 David Horne Duo - CR 1:00-3:00 Open Gym 1:15 Art Notes - GR 2:00 Ice Cream Parlor Open 3:00 Pool Time 3:15 Bingo - GR</p> <p>Happy Birthday <i>Delores Betz</i></p>	<p>28</p> <p>9:00-11:00 Open Gym 1:00-4:30 Open Gym 2:30 Wellness Games & Activities - GR 2:30 Movie Matinee - LR 2:30 Art Expression w/ Jenny - S</p>	<p>29</p> <p>10:00 Bingo - B 1:00 Movie Matinee - LR 2:00-4:00 Ice Cream Parlor</p>
<p>30</p> <p>10:00 Holy Communion in St. Anna's Chapel 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</p>  <p>National Seed Swap Day Happy Birthday <i>Sharon Thompson</i></p>	<p>31</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 1:00-4:30 Open Gym 1:00 Stitch-in-time - OL 2:00 Stretch Class - GR 3:15 Bingo - S 6:00 Scattergories - GR</p>  <p>National Hot Chocolate Day</p>	<p><i>The Crossroads Ice Cream Parlor</i></p>  <p>Open Tuesday, Thursday, Saturday and Sunday 2:00-4:00 p.m.</p>	<p>Please note - if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p>The Bishop Moody Wellness Center</p>  <p>Open Gym Times Monday - Friday 9:00 a.m. - 11:00 a.m. & 1:00 p.m. - 4:30 p.m.</p>	<p><u>Activity Location Key</u> CR = Common Room LR - Downstairs Living Room GR - Upstairs Game Room B - The Bistro CC - Carla's Corner V - Valley View Dining Room S - Skyline DR (upstairs) WC - Wellness Center OL - Osage Lookout (Chapman Hall) HC - Healthcare Center MC - Memory Center</p>	<p>The Gift Garden Shop</p>  <p>For assistance stop by the Dotson front desk Anytime between 9:00 a.m. - 5:00 p.m. Monday to Friday</p>