More Events, In-Person Family Visits and More Freedom.

As the Centers for Medicare & Medicaid Services (CMS) issues new infection-control guidance in collaboration with the CDC, we have gradually been able to give residents more freedom, more events, and best of all, in-person visits with family.

(See more on page 2)
Visits are limited to four visitors per resident and must be scheduled by calling Donna Holland at 918-794-1925 or emailing dholland@saintsimeons.org.

We enjoyed beautiful weather for the 2021 Circus Day! Residents were treated to circus games—including a toilet paper toss to “throw 2020 down the toilet”—complete with prizes, snacks, a live band, and a balloon artist.

National Picnic Day was celebrated with picnics throughout the campus. Residents enjoyed all the best picnic foods!
LIFE ENRICHMENT EVENTS  (Continued from page 2)

Nursing Home Week May 9th through 14th
By the time National Nursing Home Week arrived, residents were enjoying a little more freedom from COVID-19 restrictions, so we partied all week! Monday was Casino Day. On Tuesday, harpist Linda Paul provided lovely music for our Mother’s Day Tea. Wednesday was a rockin’ 50s Party. Thursday, residents taste-tested foods from all over the world for International Food Day. And we capped off the week with a Luau out in the courtyard. Check out more photos of these great events on our Facebook page——Saint Simeon’s Senior Community. (Be sure to “like” our page to receive post notifications!)

KRIS’S CARING CHAMPIONS

Lynn Paliotta, Life Enrichment
“I would like to recognize Lynn Paliotta as an employee with a cheerful and happy attitude in her job, as well as showing the same attributes to all patients of Saint Simeon’s, Tulsa Senior Living Community.”
Sue Melton

John Elliott, Maintenance Tech
“Last month one of the Security officers had a medical emergency and could not work his shift. John heard me discussing what I was going to do and without even being asked, stepped up and said he would cover the shift. He had already worked all day in Maintenance, but did not hesitate to step up and help out. He is always the first one to step up and volunteer when help is needed. I consider John a valuable employee here at Saint Simeon’s.”
Wayne Davis

Also Nominated: Dale Sue Shannon, LPN, Assisted Living Plus

IN MEMORIAM
Virginia Atwood
Twyla Fitzpatrick
Daniel Francescon

Jack Harris
Lillian Hulbert

Robert McGuire
Patricia Sanders
Dear Residents, Families, and Friends of Saint Simeon’s,

Deepening The Practice Of Wonder

Celtic Christians gave us the gift of getting to know God through the Book of the Scriptures and the Book of Creation. I invite you to explore God through cultivating the practice of wonder in creation. Wonder how?

A simple start is to be where you are. Sit down and take ten slow, deep breaths. Then look around you. Notice what you see. I see a blue-shaded lamp, my mug decorated with poppies, another cup with various pens, highlighters, pencils, a pair of scissors, my Bible on a bookstand, the leggy citronella geranium on a plant stand, and a poster on the wall with the word “INSPIRE.”

Where did these things come from? Who made them? I purchased my poppy mug at the WWI Museum in Kansas City. I received the Bible from Bishop Moody when I was ordained a priest, the citronella geranium has been babied through the winter in my office and usually sits in my front porch during the summer. The poster was colored by youth in the foster care system in Kansas for a sick neighbor across the street.

What skills were required? Where do the people who made these things live? Skills represented include fashioning with glass, bronze, leather, ceramics, wood, paper and colored markers. The poppy mug was made in Germany; the pencil cup in China; the bookstand by the Amish.

By what grace did God enable the materials to be crafted and the people to make them? My glass lampshade comes from decisions about which materials to use, shaped by what amount of heat, and for what kind of sturdiness. God gives the gift of the raw products, people have learned over time how to work with these materials, some have invested in the manufacturing processes, and someone else designed a beautiful lamp.

Give thanks for all that you see, the materials and the people who made them.

You might want to wander into deeper wonderings. Go deeper by looking at printed materials around you. What is their subject matter, what knowledge you are being invited to learn? Who are the authors and how do they communicate God’s world to us? Give thanks!

You might focus on one book. Use your senses to examine its color, texture, weight, odor and aesthetics. What materials are needed to create this book? Where do they come from? Consider who was involved in making this book: publishers, editors, promoters and designers. Give thanks!

Ponder how your body allows you to see, smell, touch, hear and taste. What processes in the brain make this happen? Who helped train your mind? Give thanks!

Wonder is a gift that expands gratitude. Happy wonderings!

Jack Marcy
June 3

Judith Mallory
June 3

Dorothy Kellums
June 6

Jeanne Safavi
June 7

Andrew Grabow
June 11

Judith Lawson
June 17

James Williams
July 5

Joanne Allison
July 7

Kevin Russell
July 7

William Kelley
July 20

Julienne Adams
July 21

Betty Schmidt
July 26

JUNE/JULY BIRTHDAYS